

# Riphah e-magazine

March 2022



**“Campus Round-Up 2022” Event  
in First-Ever All-Female Campus**  
Gulberg Greens, Islamabad

**New Designation Assigned**  
to Honorable Vice-Chancellor, Prof Dr. Anis Ahmed

Initiation of the Successful  
**Outreach Program-  
Fall 2022**  
By Marketing and Admission  
Department

International E-Conference on  
**Eco-linguistics &  
Ecological Narratives**

**Sports Desk Activities**  
by SSD

RIU attained  
**Success in IBLM  
Exam, 2021**

Successful Launch of  
**Riphah Green Club, RGC**

**CME Activity on SBAR**  
in Riphah International Hospital

**MoU Signing  
Ceremony**  
Between FEAS- RIU & Zaman  
Technologies Islamabad

  
**23 MARCH**  
**PAKISTAN RESOLUTION DAY**  
EDUCATING THE YOUTH OF PAKISTAN TO SERVE PEOPLE BETTER

Introduction of Single Visit  
**Rotary RCTS in IIDH**



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## Pakistan – A Nation built on Ideology

Each year on 23rd of March, the Nation celebrates the Pakistan Resolution Day by paying tribute to Quaid-e-Azam Muhammad Ali Jinnah and the national heroes. It is a day that changed the course of history for the Muslims of Subcontinent. On this day in 1940, the resolution for establishing a separate state for Muslims was passed. This resolution paved the way towards pragmatic implementation of two-Nation theory given by the poet of east Dr. Allama Muhammad Iqbal. The two-Nation theory is based on an ideology of religious nationalism. It is the very ideology that combines the Punjabis, Balochis, Sindhis, Kashmiris, and Pathans with one identity and transforms them into one nation.

The Pakistan Day reminds us of the courage, strength and discipline with which we have overcome the challenges of Past. It also gives us the opportunity to share the significance of our common identity as citizens of an Islamic Republic with our future generations. In the current times, where world is engulfed with pandemic and economic crises, our faith allows us to remain hopeful and work with determination towards transforming Pakistan into a true welfare state functioning under the principles of Islam.

The academic institutions of any country have a major role in shaping their future generation based on its true identity and ideology. Riphah International University is one of the leading institutions of Pakistan that is working towards the goal of building the future generation with truly embedded Muslim identity and character.

This march, on occasion of 82nd resolution day, let us renew our commitment to own and protect our identity as a Muslim nation by truly adapting the principles and values of Islam in all matters of life.

Pakistan Paindabad

**The Editorial & Design Team**  
Riphah E-Magazine





## **“CAMPUS ROUND-UP 2022” EVENT IN FIRST-EVER ALL-FEMALE CAMPUS GULBERG GREENS, ISLAMABAD**



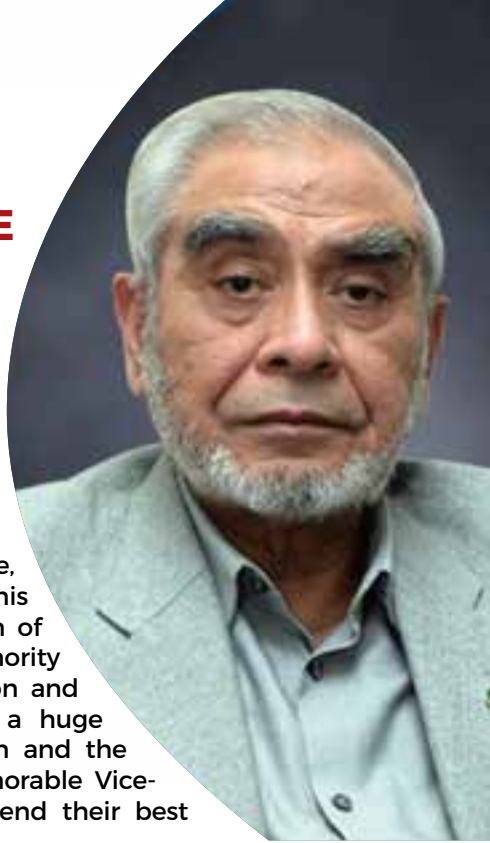
Marketing and Admission Department held a highly successful event “Campus Round-Up, 2022” to promote newly constructed Gulberg Greens Campus, on 6th March 2022 for students and their parents. During the event, Dr. Yawar Hayat, DVC Academic addressed the audience regarding the vision and mission of RIU behind this new initiative. The GGC Campus Director, Dr. Asghar Khan shed light on the importance of the construction of the All-female Campus in Islamabad while other speakers in the event informed the participants about the GGC Campus.

Moreover, Marketing and Admission team arranged an admission help desk with on-spot challan issuance, admission information, and free career counseling sessions with the professional and senior faculty members. Food and refreshment was arranged for participants in collaboration with official food partner, Cheezious. The event received an overwhelming response from the public of Twin cities as more than 400 people attended the event and appreciated Marketing & Admission team for their efforts.

## NEW DESIGNATION ASSIGNED TO HONORABLE VICE-CHANCELLOR, PROF DR. ANIS AHMED

RIU is not left behind in making its place on the national platforms and in 2022, RIU's honorable Vice-Chancellor, Prof. Dr. Anis Ahmad has achieved a prominent and significant position in the Pakistan Ministry of Federal Education and Professional Training Islamabad.

In pursuance of the Prime Minister's Office, Honorable Vice-Chancellor, Prof. Dr. Anis Ahmad has been appointed as Chairman of National Rahmatul-Lil-Aalameen Authority (NRA) under Ministry of Federal Education and Professional Training Islamabad. This is a huge success for the IIMCT and RIU institution and the RIU administration congratulates the honorable Vice-Chancellor on this achievement and extend their best wishes for future.



## INITIATION OF THE SUCCESSFUL OUTREACH PROGRAM- FALL 2022

By Marketing & Admission Department

Marketing & Admission Department has started an extensive outreach program for Fall 2022 and recently represented Riphah International University in various educational institutions. Following are the highlights from outreach activity of February and March.

### Meet-Up with College Administration

In Feb 2022, the Marketing & Admission team arranged a meet-up session with the Principals and Deans of 8 different colleges. The RIU team briefed the college administration regarding the degree programs and opportunities offered for their students.

### Career Counselling Session at multiple Colleges

On 8th Mar 2022, a highly informative and successful 'Career Counselling Session' was conducted at F.G Liaquat Ali Degree College, Rawalpindi, and

Islamabad Model College for Girls F6/2, Islamabad. Mr. Muhammad Abbas Khan, Executive Marketing, and Mr. Masood Minhas, Assistance Manager admission briefed the students about degree programs and courses offered in RIU.

### Participation in FED EXPO at Pak China Centre, Islamabad

RIU team participated in a three-day FED EXPO organized by Federal Education Directorate on 11th Mar 2022. This event was a success as among the 70 different stalls, RIU team successfully provided career counselling to 5000+ participants and collected the data of 1200+ potential candidates for future use.

### Participation in HEC Event at Marriot Hotel

On 14th Mar 2022, RIU Team participated in educational event arranged by Higher Education







Commission Pakistan which was attended by Deans, Principals, and senior faculty members of different universities. This was a huge opportunity for the RIU as the team interacted with the wide audience and gather knowledge about the competitive education market.

### **Participation in College Fair- Beaconhouse College System**

On 7th Mar 2022, RIU team visited the College Fair at Beaconhouse College System, Islamabad. The career counselling session and information desk was arranged for students to inform them about the new degree programs, scholarship opportunities and other activities.





## SUCCESSFUL LAUNCH OF RIPHAH GREEN CLUB, RGC



Student Services Department- RIU is proud to announce the initiation of a student society named "**Riphah Green Club (RGC)**". The purpose of RGC is to seek the participation of the students in volunteer work to keep the campuses clean & green by improving civic amenities, creating the spirit and sense of responsibility towards a healthy environment.

On 2nd March 2022, Student Services Department hosted an inaugural ceremony of "Riphah Green Club" at Al-Meezan Campus and invited Ms. Zartaj Gul, Minister of State for Climate Change as a chief guest. Prof. Dr. Yawar Hayat Khan (Deputy

VC Academics) was the guest of honor of the ceremony. The chief guest Ms. Zartaj Gul admired the efforts of Riphah International University in this regard and encouraged students to participate in Prime Minister's clean and green program.

Towards the end of the event, the Chief Guest Ms. Zartaj Gul planted a plant in the lawn area and started the RGC officially. Brig (R) Dr. Maqsood ul Hassan Vice Principal IIMC, other respectable faculty members and students from all departments also participated in the event and played their part in plantation.



## WORKSHOP ON "BASICS OF CURRICULUM PLANNING" BY RARE

Riphah Academy of Research and Education (RARE) has organized a workshop on **"Basics of Curriculum Planning"** on February 23, 2022 (1000-0100 hrs) at RARE Conference Hall, Al-Mizan Campus, Rawalpindi. The facilitators of the workshop were Prof. Dr. Rahila Yasmeen, Dean RARE & Director ORIC Riphah International University.

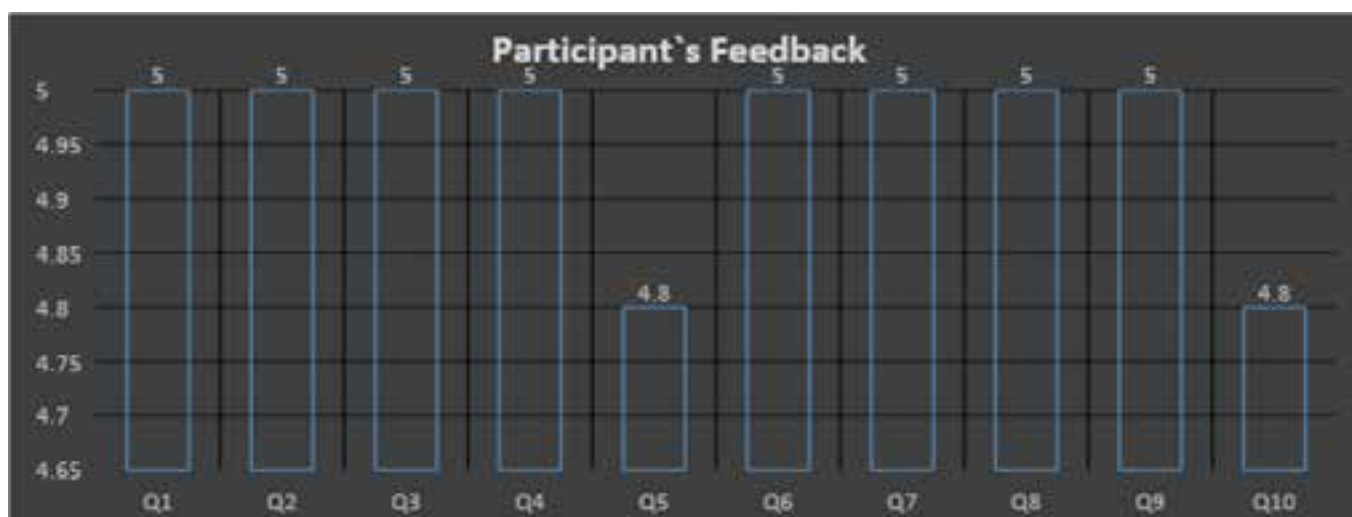
The purpose of the workshop was to train the newly established department of nursing through the enhancement of the capacity and knowledge of the faculty members. The Faculty members Ms. Humaira Athar, Principal Nursing, and faculty members Ms. Farhana Kosar, Mr. Qaisar Nazar, and Mr. Waqas John Gill attended the workshop and appreciated the effort of RARE to organize such a beneficial workshop in the future.



## "ASSESSMENT & EVALUATION" WORKSHOP BY RARE

Riphah Academy of Research and Education (RARE) had organized a workshop on "Assessment & Evaluation" on February 25, 2022 (1000-0100 hrs) at RARE Conference Hall, Al-Mizan Campus, Rawalpindi. The facilitators of the workshop were Prof. Dr. Rahila Yasmeen, Dean RARE & Director ORIC-RIU.

The purpose of the workshop was to train the newly established department of nursing by educating the faculty members on various updated subjects and technology. The participant faculty members appreciated the effort of RARE to organize a successful workshop that promote the learning of faculty members.





## INSTITUTIONAL PERFORMANCE EVALUATION (IPE) AND POSTGRADUATE PROGRAMS REVIEW (PGPR) BY HEC'S COMPOSITE TEAM (1ST & 2ND MARCH 2022)

The Institutional Performance Evaluation (IPE) and Postgraduate Program Reviews (PGPR) is an integral part of the Riphah's Quality Assurance (QA) mechanism and is pivotal for its continuous process improvement (CQI) efforts. As per the guidelines of Quality Assurance Agency (QAA) Higher Education Commission (HEC) Pakistan, Riphah International University, Islamabad carried out a Self-IPE and review of Postgraduate programs from 28th Feb to 3rd March 2022. The HEC composite team conducted Self-IPE on the 11x IPE standards of HEC from 28th Feb 2022 to 2nd March 2022. While the PGPR was conducted on 3rd March 2022. The activity involved a comprehensive review of university documents,

student and faculty files, interaction with students, faculty members, and administrative staff, and visits to university facilities including Libraries, Classrooms, and Labs. As per protocols, the composite team had an exit meeting with the Vice-Chancellor on the last day of the activity. Quality Enhancement Cell (QEC) of the university facilitated the whole review process. Several areas for improvement were identified and reported to the concerned quarters for taking necessary actions. To close the loop, QEC Riphah will follow-up on the actions taken by the concerned quarters to address the observations of the composite team and submit its report to the Riphah's leadership and HEC.





## RIU ACTIVE PARTICIPATION IN THE FLAGSHIP INTERNATIONAL QUALITY ASSURANCE CONFERENCE OF PNQAHE

RIU team led by Acting Director QEC, Dr. Fawad Sadiq participated in the 3rd International Conference on Quality Assurance in Higher Education organized by Pakistan Network for Quality Assurance in Higher Education (PNQAHE) from 8th to 10th March 2022 at Shah Abdul Latif University Khairpur, Sindh.

The main agenda of the conference was "Governance and Quality Assurance in HEIs". The conference was attended by foreign delegates from Romania, Georgia, Turkey, Bahrain and 200+

national delegates (Director/Dy Director QECs) from different Higher Education Institutions (HEIs) across the country.

The Managing Director (MD) Quality Assurance Agency (QAA), HEC also witnessed the proceedings of the conference as a Guest of Honor. Dr. Fawad Sadiq, Acting Director QEC presented a paper with the title of "Revisiting the Online Higher Education in the Wake of COVID-19 from a System Thinking Perspective", which was well-received by the audience.



## CASE CONFERENCE SESSION BY RICPP LAHORE



On 19th February 2022, Dr. Shamaila Asad, Head of RICPP with her team had organized a "Case conference Session" for students in which many students presented their cases that they are dealing with at their placement venues.

This "Case Conference Session" aimed to enlighten the participants with therapeutic intervention techniques and the process of dealing with

clients in hospital settings. More than 80 students attended the on-campus case conference for 5 hours. Dr. Shamaila Asad (HOD, RICPP) hoped that this Case Conference session would enable all students to deal with clients effectively and make them clear about psychotherapy procedures and processes.

## SUCCESSFUL COMPLETION OF “FAMILY IN 21ST CENTURY” BATCH 02 & INITIATION OF BATCH 3

‘Women Well Being Project’ RIU successfully concluded the online diploma of “Family in 21st Century” for Batch 02 and arranged a virtual ceremony to welcome Batch 3 on 11th Feb 2022 via MS Teams. The event was attended by more than 200 participants. Dr. Kauser Firdous, Director Project F21C gave a comprehensive overview of the course along with the performance report of the completed diplomas. Mrs. Fauzia Zulfiqar, Member BoT, IIMCT talked about the role of women in family well-being. She emphasized the fact that women especially mothers have failed to play their role in bringing a successful and civilized new generation.

Mr. Asadullah Khan, Executive Director RIU highlighted the challenges faced by Muslim Families, and Mr. Arshad Ahmad Baig, Director of organizational development & support RIU talked about human rights and the teachings of Prophet Muhammad SAW. Moreover, Prof. Dr. Atiquzzafar, Dean FSSH welcomed the participants inducted in the upcoming batch 3 and briefly talked about the expectations from diploma holders.

Prof. Dr. Anis Ahmad, Honorable Vice-Chancellor RIU appreciated the efforts of the department to conduct a diploma successfully even during a pandemic. He focused on building a strong foundation of the family to bring positive change in our society. This session received positive responses from students who shared their views, feedback, and experiences. They expressed gratitude towards the organization of such courses which can help them in their personal lives.



## WORKSHOP ON “BOOST YOUR CONFIDENCE”

On 19th January 2022, the Riphah Institute of Clinical & Professional Psychology-RICPP conducted an online workshop on “Boost your Confidence” for the students. The guest speaker of the workshop was Dr. Shamaila Asad, Head of the Department, RICPP the main objective of this workshop was to build a confident level of students and teach them to believe in themselves.

More than 150 participants attended the online session for one hour. Dr. Shamaila Asad HOD, RICPP, said that this online workshop would enable all participants to interact with each other, share ideas, and enhance their confidence.





## STUDY CIRCLE AND WAY TO QURAN SESSION

Riphah Institute of Clinical and Professional Psychology-RICPP recognizes the importance of Islamic values and Islamic lifestyle in daily routine and thus, it is making efforts to inculcate Islamic teachings along with the modern curriculum. "Study Circle and Way to Quran" session is conducted with Faculty biweekly in which faculty members from different departments participate and learn the importance of Islamic values.



## FINALIZATION OF RIPHAH PSYCHOLOGICAL SOCIETY

A Step towards Practical Exposure

Riphah Institute of Clinical and Professional Psychology (RICPP) recognizes the importance of practical exposure for the students and their skills which is the main reason behind the creation of the Riphah Psychological society. This society will aid the students to be practically active for exposure in fieldwork and groom their patient handling skills. Right now, the Finalization of Riphah Psychological Society is in the final stage and interviews are being conducted for shortlisted students.



## 2ND WORKSHOP ON "STRESS MANAGEMENT"

Riphah Institute of Clinical and Professional Psychology (RICPP) started a series of workshops to enhance the communication skills and knowledge of students to bring an improvement in their personalities. Workshop on "Stress Management" was the second workshop of this series that was conducted on 28th February 2022. The resource person of this workshop was Dr. Samia Khalid, Ph.D. scholar & Practicing Clinical Psychologist and Lifestyle medicine and the total participants were 45 including RICPP Faculty and Students of undergraduate and postgraduate level.

This workshop was intended to help students to acknowledge the need to control stress in their daily life and the strategies they can use to control it. Through different activities, this workshop helped to discover the sources of stress-causing incidence and develop new skills to manage stress to increase effectiveness and comfort in various areas of life.



## MOU SIGNING CEREMONY BETWEEN FEAS - RIU AND ZAMAN TECHNOLOGIES ISLAMABAD

Another achievement is added in the record of FEAS as the MoU is signed between the Faculty of Engineering and Applied Sciences, FEAS-RIU, and Zaman Technologies (ZT), Islamabad, on 2nd March 2022. Prof. Dr. Jameel Ahmed, Dean FEAS, and Mr. Tahir Farooq, Director ZT signed the MoU in the presence of all Head of Departments. The signature target of the MoU is to develop institutional linkages that will serve as continuous and consistent support in the execution of all entrepreneurship activities. With the core values to

Learn, Innovate and collaborate, ZT is making efforts to enable the e-commerce ecosystem in Pakistan. Both Institutions will collaborate in developing joint research proposals and data sharing, organization of conferences & workshops, job opportunities, providing mentorship and learning opportunities to the students and young professionals. Also, Prof. Dr. Jameel Ahmed presented the RIU souvenir to Mr. Tahir Farooq and Mr. Rehan Ali from ZT, Islamabad, and thanked them for their support.



## SECOND PROVINCIAL WORKSHOP AT LCCI ON HEC NATIONAL RESEARCH PROJECT FOR UNIVERSITIES - NRPU 1208



PI

Prof. Brig (R) Dr. Nawar Khan

On 15th February 2022, the 2nd provincial workshop was conducted online at Lahore Chamber of Commerce and Industries-LCCI Lahore, Punjab. Principal Investigator-PI of the NRPU 12084, Prof. Brig (R) Dr. Nawar Khan appraised the participants on the salient aspects of a research study of the identification of performance improvement factors of commercial companies having ISO Management System Standards certification. The overall results of company's performance signify the importance of its contribution directly to GDP (Gross Domestic Products) of the country and indirectly to SDG (Sustainability Development Goals) set by the UN (United Nations) all over the globe. Many management officials and entrepreneurs participated in the workshop and appreciated the efforts of Riphah International University and the project team. Prof. Brig (R) Dr. Nawar Khan showed special gratitude to the top management of LCCI who responded to the call and made it possible to conduct a workshop online in a very short period during the current wave of covid.





### THIRD PROVINCIAL WORKSHOP AT SCCI ON HEC NATIONAL RESEARCH PROJECT FOR UNIVERSITIES - NRP 12084



The third provincial workshop was conducted physically at the Sarhad Chamber of Commerce and Industries- SCCI Peshawar, KPK on 17 February 2022. Prof. Brig (R) Dr. Nawar Khan conducted the seminar and appraised the worthy participants on the salient aspects of the HEC research study. The participants took a keen interest in the arrangement of the seminar and participated in the discussion and question-answer session. The president of SCCI highly appreciated the efforts of Riphah International University and the project team for conducting an informative seminar on the HEC research project of applied nature. Principal Investigator-PI paid special thanks and appreciations to the honorable President and Secretary-General of SCCI for permitting to conduct a physical workshop in a short time. Management officials, members, and entrepreneurs besides President SCCI, Senior Vice President, and Secretary-General participated in this workshop.

### FOURTH PROVINCIAL WORKSHOP AT RCCI ON HEC NATIONAL RESEARCH PROJECT FOR UNIVERSITIES - NRP 12084

On 21st February 2022, the fourth provincial workshop was conducted physically at Rawalpindi Chamber of Commerce and Industries- RCCI Rawalpindi, Punjab. The main aim of the seminar was to appraise the worthy participants of the salient aspects of the research on performance improvement factors of companies having ISO Management System Standards certification. The PI, Prof. Brig (R) Dr. Nawar Khan especially thanked and appreciated the President and Secretary-General of RCCI who responded to their call and made it possible to conduct Fourth provisional workshop in a short span of time. Several senior management officials including President, Senior President, Secretary-General, Executive Members, and entrepreneurs including female entrepreneurs participated in the said workshop. Towards the end, the President of RCCI appreciated the Riphah

International University and the project team of ISO Management System Standards Certification for their efforts and promised to extend full cooperation in the future.



### 5TH PROVINCIAL WORKSHOP AT CCI- LARKANA ON HEC NATIONAL RESEARCH PROJECT FOR UNIVERSITIES- NRP 12084

On 22nd of February 2022, the 5th provincial seminar was conducted at Larkana Chamber of Commerce and Industries, CCI. Due to the current wave of covid, the seminar was conducted online and Principal Investigator-PI Prof. Brig (R) Dr. Nawar Khan showed gratitude to the President and Secretary-General of Larkana-CCI who responded to their call and made it possible to conduct this workshop. The main aim of the workshop is to appraise the worthy participants of the salient aspects of the research study on the performance improvement factors of companies having ISO Management System Standards certification. Several senior management officials including Secretary-General and entrepreneurs participated in the said workshop. In the end, the management of Larkana CCI highly appreciated the

efforts of Riphah International University and their project team and promised to extend full cooperation in the future.



## “LET THE GREEN BE SEEN” A PLANTATION SPRING 2022 EVENT

On 16th February, Student Service Department organized a “Plantation Spring 2022” event with the theme “Let the Green Be Seen” to start the plantation process of 2022 and to reinforce the importance of Plantation in today’s world. To start the event, Prof. Dr. Asghar Khan, Director Campus planted the first tree in the name of hope for the future generation on Campus ground.

He told the participants that plantations will protect future generations from environmental hazards and remind the youth of their responsibility towards climate change. He also recalled the famous quote of Barak Obama, “we are the first generation to feel the effect of climate change and the last generation who can do something about it.” Dr. Rafi Ullah, HOD MLT & In-charge SSD along with faculty members and administrative

staff also planted the sapling and prayed for the better future of coming generations.



## PLANTATION DRIVE ON “PLANT FOR PAKISTAN DAY”

On 22 February 2022 Student Service Department- SSD, Malakand Campus planned a get-together in collaboration with the Forest Department of Khyber Pakhtunkhwa to celebrate the “Plant for Pakistan Day”. Mr. Noor Zaman Khan (SDPO, Forest Department) welcomed the participants in this event and enlightened them about the value and contribution of trees towards a healthy and pleasant environment. He claimed that Three-month (Feb-April) season provides an unprecedented opportunity for people to promote plantations all over the country to deal with various environmental problems.

Keynote speaker and special guest, Mr. Hamayun Khan- Member of Provincial Assembly, appreciated the University’s administration for facilitating the event and praised them for launching the Plantation Drive early. He stressed the positive role of all stakeholders in preventing deforestation as it takes many years for a sapling to become a tree. Towards the end, the guests and Director campus planted saplings in the premises of the University and prayed for the bright future of Green and clean Pakistan.





## INTERNATIONAL E-CONFERENCE ON ECO-LINGUISTICS & ECOLOGICAL NARRATIVES

Two days international e-conference on Eco-linguistics and Ecological Narratives was conducted by the Department of English Linguistics and Literature, RIU on 10th March 2022. At this conference, 28 international speakers from 16 countries presented their research on topics of ecology and more than 25 institutes were engaged in the conference. Famous researchers in Ecolinguistics, such as Dr. George M Jacobs, Dr. Hildo Honório do Couto, Dr. Arran Stibbe, Dr. Peter Makwanya, and Dr. Meng Huat Chau, were an integral part of the conference.

The participant speakers presented their views and research on the topic for discussion and highlighted the importance of ecological narratives in the present world. The conference focal person and Chairperson DELL, Dr. Muhammad Shaban Rafi highlighted the importance of local languages, which might play an essential role in engaging citizens in greater understandings of the world's environmental crisis and providing an Eco linguistic solution. In the conference, the contribution of Prof. Dr. Anis Ahmad, Honorable Vice-Chancellor RIU and Chairman, National Rahmatul-Lil- Aalameen Authority in the ecological perspective in Islam is also discussed. In his work, Prof. Dr. Anis Ahmad said that "Islam wants conservation of resources and energy, living with austerity, and avoiding extravagance". To help students to better understand climate change while navigating the danger of eco-anxiety, the Department of English has introduced a course on Eco-linguistics in its BS English program. Moreover, the department will continue a series of conferences on Ecolinguistics and ecological narratives to create a long-term impact. To help students to better understand climate change while navigating the danger of eco-anxiety, the Department of English has introduced a course on Eco-linguistics in its BS English program.



## WORKSHOP ON “HOW TO WRITE/PUBLISH A GOOD RESEARCH ARTICLE”

The workshop on “How to Write/Publish a Good research Article” was arranged by RARE/ORIC Malakand Campus on 10th March 2022 and the Chief Guest speaker of the event was Dr. Muhammad Shiraz, Assistant Professor, FUUAST Islamabad. The main purpose of this workshop was to engage the students in the research activities and highlight the importance of research writing skills and format in academia.

Dr. Mushtaq Ali, HOD Riphah Institute of Informatics, Malakand Campus welcomed all participants and gave a brief introduction of the invited speaker. Dr. Muhammad Shiraz, Assistant Professor, FUUAST Islamabad instructed the students about the research format which is approved from HEC and research journals. He also engaged the participants in discussion regarding a good research paper writeup, the structure of a research paper, attributes of a good research paper, and how to publish in

influential & widely known journals. The Director of the campus, Prof. Dr. Asghar Khan presented a souvenir to the guest speaker and thanked him for his participation.



## A SUCCESSFUL PROJECT EXHIBITION BY ELECTRICAL & BIOMEDICAL ENGINEERING SEMESTER

The Electrical and Biomedical Engineering Department organized its Semester Project Exhibition on 17th February 2022. The exhibition was organized by the IEEE RIU branch and undergraduate students of Biomedical and Electrical Engineering as a part of their final semester project work. A total of 53 working projects were on display and all the projects

were mentored and guided by the faculty members of the department. The main objective of this exhibition was to make the learning process effective and efficient with hands-on experience for the students. It provided a platform for students to showcase their talents and receive suggestions from experts and senior faculty members. Prof. Dr. Jameel Ahmed Dean

FEAS, Dr. Sohail Khalid HOD- Electrical Engineering, Dr. Faraz Akram Acting HOD- Biomedical Engineering, and other faculty members visited the exhibition and encouraged the students for their efforts and hard work. Towards the end of the event, Prof. Dr. Jameel Ahmed- Dean FEAS distributed the certificates and shield among the winner and runner-up groups.





## INDUSTRIAL SPEAKER SESSION

It is the mission of the Riphah School of Business and Management (RSBM) to provide its students with a wide range of knowledge by interacting with experts in different sectors of the Corporate world of Pakistan. For this reason, in continuation with the series of lectures, RSBM organized a session for undergraduate students on 22nd February 2022 with Ms. Aneela Yasmeen, Founder & General Secretary of Gulls Association. The main purpose of the session was to talk about quality assurance in the health sector and specifically in the context of the COVID-19 scenario and reinforce its significance. The students enjoyed the session and displayed positive attitude towards the arrangement of informative events.



## SPORTS DESK ACTIVITIES BY SSD

The Student Service Department-SSD arranged different Sports Desk activities to provide national and international exposure to the student in the fields. Under these Sport Desk Activities, students from Riphah International University participated in major sports events arranged by HEC and COAS Open G-1 International Taekwondo championship.

First, Trials and Training Camps of Badminton and Table Tennis Players were arranged in which interested students participated to polish their skills. Some departments also sent their students to play in the HEC Intervarsity Table Tennis and Badminton Championship. While in the COAS Open G-1 International Taekwondo championship, RIU student of BS Electrical Engineering Department, Muhammad Hassan take part and defeated 4 Players in different rounds. In this international event, almost 450+ players joined this event including International Players and a total of 25 countries participated in the event including Iran, Turkey, Russia, Colombia, Albania, Afghanistan, the USA, etc. The SSD department Spokesman, Mr. Aamir Imtiaz

Khan congratulated the participants for their efforts and hoped that in the future, SSD will arrange more sports events like this for their students.



## THE SUCCESSFUL RESIDENCY COMPLETION OF MS SPORTS PHYSICAL THERAPY

Another moment of pride for Riphah International University, Islamabad as the second batch of MS Sports Physical Therapy Residency is completed on 2nd March 2022. RIU is the only university in Lahore that is offering MS Sports Physical Therapy in collaboration with Pakistan Sports Board

Lahore. The resource person for this program is Dr. Muhammad Hashim, Internal Examiner, and Dr. Atif Javaid, External examiner and with the success of Batch 1, students from all over Pakistan joined this program and made it a success.

### WORKSHOP ON “MANUAL THERAPY OF SPINE”

On 1st March 2022, the Sports Physical Therapy Department had organized a workshop on “Manual Therapy of Spine” for final semester students of MS. Many students participated in this Manual therapy workshop at the Pakistan Sports Board coaching center and appreciated for always providing platforms for practical learning to students.



### WORKSHOP ON CRICKET MATCH AT PAKISTAN SPORTS BOARD

On 1st March 2022, the students from the Final semester of MS Sports Physical Therapy participated in a cricket match that was organized by RIU in collaboration with Pakistan Sports Board Coaching Center. The students have practiced

physical fitness strategies and procedures on cricketers and got the hand son experience on the field. The students were happy at the efforts of Riphah International university which always tried to provide platforms for practical learning.





## MSPT FACULTY DEVELOPMENT PROGRAM

For the development of the faculty of Rehabilitation, a series of workshops have been arranged by Dr. Syed Shakil Ur Rahman Director RCR, and Prof Dr. Muhammad Salman Bashir HOD PT Department from 26th February to 6th March 2022.

### 1. CPD 1 Faculty Development Program 2022 (Sports Faculty)

From 26th to 27th February 2022, Professor Karamat Ullah from HHIRS, St Patrick Hospital Ireland had conducted a 2-day workshop at Riphah International University Lahore Campus for faculty and final year MS Sports Physiotherapy residents. Training given at this 2-day workshop includes assessment of athletes from biomechanical aspects and their treatment.



### 2. CPD-2 Faculty Development Program 2022 (Manual Orthopedic Faculty)

From 4th to 5th March 2022, two days Faculty development CPDs workshop was planned for the training of faculty of Manual orthopedic and final year MSPT-OM students at RIU Lahore Campus. Dr. Abdul Ghafoor Sajjad Ph.D. Scholar was the resource person from Shifa Tameer e Millat University, Shifa International Hospital. Training skills included in this workshop were ELDOA, Dry needling technique, and clinical assessment of trigger points.



### 3. CPD-3 Faculty Development Program 2022 (Neuromuscular Faculty)

From 5th to 6th March 2022, Two days Faculty development CPDs workshop was planned for the training of neuromuscular faculty and final year MSPT-NM students. Prof Dr. Muhammad Bin Afsar Jan was the resource person and the training skills included in this workshop were "neuro-rehabilitation of stroke patients".



## WORKSHOP ON VESTIBULAR ASSESSMENT & REHABILITATION

Physical Therapy Department of Riphah International University, Lahore campus had organized a workshop for the Vestibular Assessment & Rehabilitation on 10th February 2022. Dr. Tehreem Mukhtar, Assistant Professor was the resource person, and she encouraged the students to transform their knowledge into practical work through different activities.

These activities included an overview of the vestibular system Anatomy and physiology to understand the practical concepts of assessing dizziness and an overview of the examination and intervention tools of the vestibular disorders. It allows students to understand the potential gaps between theory and practice.



## FREE EYE SCREENING CAMP IN RIPHAH QIE CAMPUS AND TOWNSHIP LOCALITY

Department of Optometry and Orthoptics- RIU had performed a community-driven activity on 6th March 2022, by arranging a "Free Eye Screening Camp" Riphah QIE Campus and Township locality. With the efforts of chief organizers Ms. Tahira Hafeez and students of the senior semester, this Eye Care

Camp was a success in which nearly more than 300 patients were diagnosed with mild to severe ocular diseases. The purpose of this community-based camp was to diagnose and treat eye-related issues and to give awareness to the community about the importance of ocular health.



## THE TWO-DAY CPD COURSE BY HND DEPARTMENT

The Department of Human Nutrition and Dietetics arranged a Two days CPD course on the 26th and 27th of February 2022. The first day of the CPD course was conducted by Ms. Anum Akmal, Consultant Dietitian at Diet by Design on the topic of "Drug Nutrient Interactions". While the second day was hosted by Ms. Safeena Amjad, Consultant Dietician at Punjab Medical Center that focused on "Recent Advancement in Nutritional Assessment and Screening". Overall, both sessions were very informative, engaging and the faculty learned about new developments and enhanced skills related to their fields.





## RIPHAH INTERNATIONAL UNIVERSITY ATTAINED SUCCESS IN IBLM EXAM, 2021

Keeping in view the importance of Lifestyle medicine in today's world, medical institutions such as the American College of Lifestyle Medicine (ACLM) addresses the need for quality, evidence-based education, and certification to promote lifestyle medicine. Riphah International University, Islamabad does not only establish the Riphah Institute of Lifestyle Medicine (RILM) to promote this new discipline but in collaboration with the Pakistan Association of Lifestyle Medicine (PALM) also conducted the first-ever International Board of Lifestyle Medicine (IBLM) Exam 2021 in Pakistan.

The IBLM sets and maintains standards for the assessment and credentialing of physicians and Ph.D./Masters' level health professionals in Lifestyle Medicine globally. The prominent faculty members of Riphah International University passed this first-ever IBLM exam that includes Prof. Dr. Brig(R) Maqsood ul Hassan (Vice Principal IIMC), Prof. Dr. Tahira Sadiq (Assistant Director RILM), Prof. Dr. Fatima Ehsan (Physiology Department IIDC), and Ms. Samia Khalid (Psychology Department, Lahore Campus). RIU administration extends congratulation and well-wishes to all the successful candidates and wishes them the best of luck for the future.

## CERTIFIED PROFESSIONAL IN HEALTHCARE QUALITY (CPHQ) CERTIFICATION TRAINING PROGRAM

Human Development Services (HDS) in collaboration with Riphah Institute of Healthcare Improvement & Safety (RIHIS), organized a comprehensive and well-designed CPHQ Training Program comprising of 8 sessions. 20 Team Members of Riphah Health Services (RHS) took part in this a journey which was successfully concluded on 1st March at IIMCT Pakistan Railway Hospital (PRH). Throughout the sessions, participants

were provided with the resource material for appearing for comprehensive CPHQ which ultimately helped the participants to implement Assessment, Monitoring & Evaluation tools that transform clinical data into practical solutions. This transformation from clinical data into practical solutions can make a difference in people's lives by reducing variation in care, bridging gaps, and tracking progress for improved outcomes.



## ANOTHER MOMENT OF PRIDE FOR RIU 4 PROJECTS AWARDED WITH HEC NRPUR RESEARCH GRANTS

Securing funding in the HEC National Research Program for University-NRPU is considered a huge success for the educational institutes and Riphah International University, Islamabad has achieved this milestone with the help of different faculty members. Two Faculty members from the Institute of Pharmaceutical Sciences including Dr. Farhan Sohail, Dr. Muhammad Imran Khan, and one faculty member of FSSH (Psychology), Dr. Rayna Sadia secured the funding for the Projects of total worth PKR 29.7 Million. RIPS administration pays Heartiest Congratulations to all three Research Grant Winners for their hard work and wishes them the best of luck for future endeavors.

S. N.	Faculty Name	Faculty	Grant Amount
1.	Dr. Rayna Sadia	FSSH (Psychology)	8.2
2.	Dr. Farhan Sohail	Faculty of Pharmaceutical Sciences (FPS)	7.6
3.	Dr. Muhammad Imran Khan	Faculty of Pharmaceutical Sciences (FPS)	4.2
4.	Dr. Muhammad Imran Khan	Faculty of Pharmaceutical Science (FPS)	9.7
		<b>Total</b>	29.7

## CME ACTIVITY ON SBAR IN RIH

On 10th March 2022, the CME activity was conducted focusing on "Awareness of SBAR as a Structured Communication Tool" in Riphah International Hospital by Dr. Sadiq Jan, Assistant Professor Obstetrics and Gynecology (FCPS, MHPE). RIH focuses on patient safety and Excellent Nursing care and that's why this activity was open to all doctors, nurses, midwives, nursing technicians, and assistants. During this activity, participants shared their opinion and knowledge regarding the SBAR tool.

Dr. Sadiq Jan, Assistant Professor Obstetrics and Gynecology (FCPS, MHPE) discussed SBAR through the assistance of a Powerpoint presentation. All components of SBAR, ie. Situation, background, assessment, and Recommendations were discussed. In this activity, the importance of tools in patient safety



was highlighted and well understood by medics and paramedics. The presenter effectively explained the future follow-up plan for further education and implementation of this tool in routine handovers.

## IIDH ACHIEVED 100% COVID-19 VACCINATED STAFF

On 14th October 2021, the Department of Optometry & Orthoptic- RIU, had celebrated "World Sight Day" with the theme of "#Loveyoureyes" at QIE Auditorium, Riphah International University, Lahore. This event was chaired by Prof. Dr. Syed Shakil Ur Rehman, Director RCRS, Lahore and the chief guest was Mr. Muhammad Umer Farooq, Regional Director, RIU Lahore. The major goal of this event was to raise awareness regarding eye diseases,

their treatments, and the precautionary measures for eye diseases. Dr. Mahar Safdar Ali Qasim, HOD Department of Optometry & Orthoptic, gave a brief to the participants and guests on the important aspects of the Optometry field and the optometrist role. In this event, students' projects, models, and charts related to eye diseases and their awareness were also exhibited and explained to the guests.



## INTRODUCTION OF SINGLE VISIT ROTARY RCTS IN IIDH

Islamic International Dental Hospital is way ahead in the market by doing its first single visit rotary Root canal treatments (RCT) on February 2022. IIDH has an advantage over other hospitals as it offers updated treatments such as Single-visit Rotary Root Canal Treatments (RCTs) which refer to the utilization of an electric handpiece used during root canal treatment (also known as endodontic treatment). Root canal treatments have become more automated and are performed faster, with more accuracy through this machine-driven rotary technology.





## **“FIGHTING DIABETES TOGETHER” FREE CAMP FOR DIABETES**

Department of Rehabilitation, Pakistan Railway Hospital in collaboration with the Riphah Social Welfare Department (RSWD) organized a free camp for diabetic patients from 7th-12th March 2022. A coordinated team from the Rehabilitation department including Physical therapists, Nutritionists, Orthotist, and Prosthetists as well as phlebotomists worked together to guide the patients about regulation and maintenance of glycemic control and prevention of complications of diabetes.

Free Camp activities included free assessment, screening of pulmonary and neurological complications, and consultation by the Physical therapist focusing on the importance of physical activity. It also provided BMI assessment, free fasting, random blood sugar level tests, and HBA1C test at 50% cost for diabetic patients. Total 85 patients were benefitted through this camp and hoped that Riphah Healthcare services, RHS will always play their part in community services.



# PUBLICATIONS

## Publications & Research Grants

### Book Section

"Renewable energy conversion systems"

Author Name: Mr. Muhammad Kamran

Department of EE&T Faisalabad

Publisher name: Academic Press, Elsevier

### Journal Article

1. "An exploratory prioritization of factors affecting current state of information security in Pakistani university libraries"

Published by Muhammad Ibrahim

Faculty of Library sciences, Peshawar

Published in renowned journal of "International Journal of Information Management Data Insights"

Date: November 2021.

2. "In-situ, Ex-situ, and nano-remediation strategies to treat polluted soil, water, and air-A review"

Published by Mr. Hamza Rafeeq and Ms. Nadia Afsheen

From Department of Biochemistry, Faisalabad

Published in journal named "chemosphere"

3. "Esterases as emerging biocatalysts – mechanistic insights, genomic and metagenomic, immobilization and biotechnological applications".

Published by Mr. Hamza Rafeeq

From Department of Biochemistry, Faisalabad

Journal Name: Biochemistry and applied Biotechnology

### Research Grants

4. Project Titled "Development and Evaluation of Microneedle based transdermal patch containing Quetiapine for treatment of Schizophrenia"

Name of PI: Dr. Muhammad Imran Khan

Name of Co-PI: Dr. Farhan Sohail & Mubashar Rahman

Faculty FPS, RIPS Lahore Campus

Approval date: 17-11-2021

Approved Amount: 4,283,750

### OIC Internal Research Grants

5. Project Titled "Automated Workplace"

Project No.: Riphah-ORIC-21-22/FC-01

Name of PI: Prof. Dr. Muhammad Zubair

Approved Amount: 100,000 Rs

Faculty of Computing



## ISLAMABAD / RAWALPINDI

### Al-Mizan Campus:

Al-Mizan IIMCT Complex,  
274-Peshawar Road, Rawalpindi.  
**UAN:** +92 (51) 111-510-510  
**Phone:** +92 (51) 512 5162-7

### I-14 Campus:

Sector I-14, Haji Camp, Islamabad.  
**Phone:** +92 (51) 844 6000-7  
**UAN:** +92 (51) -111-747-424

### G-7 Campus:

RIU, 7th Avenue, G-7/4, Islamabad.  
**Phone:** +92 (51) 289 1835-8  
**Fax:** +92 (51) 289 0690

### Gulberg Green Campus:

Plot No PB-02 Gulberg Expressway,  
Gulberg Green (IBECHS), Islamabad  
**Phone:** +92 (51) 5912890-5

### ETB Campus:

Suite No 7, Ground Floor, Evacuee  
Trust Complex, Agha Khan Road,  
Sector F-5/1, Islamabad.  
**Phone:** +92 (51) 843 8370-7

### Westridge Campus:

Potohar Plaza, main Peshawar Road,  
Rawalpindi.  
**Phone:** +92 (51) 5166 813-4, 5166 917-8

### IIMCT Pakistan Railway Hospital:

Westridge, Rawalpindi.  
**Phone:** +92 (51) 425 9795-8  
**Fax:** +92 (51) 425 9793

### Riphah International Hospital:

Main Expressway opposite DHA II,  
Sihala, Islamabad.  
**Phone:** +92 (51) 448 6064

### Islamic International Dental Hospital:

IIDH, 7th Avenue, G-7/4, Islamabad.  
**Phone:** +92 (51) 289 1835-8  
**Fax:** +92 (51) 289 0690

### MaxHealth Hospital:

2-K Markaz Road, G-8 Markaz,  
Islamabad  
**Phone:** +92 (51) 8094760-65

## LAHORE

### Raiwind Campus:

Raiwind Road Campus,  
13-Km, Raiwind Road, Lahore.  
**Phone:** +92 (42) 111- 747-424

### Quaid-e-Azam Campus

28-M, Quaid-e-Azam, Industrial  
Estate, Kot Lakhpat, Lahore.  
**UAN:** +92 (42) -111-747-424

## FAISALABAD

### Faisalabad Campus:

Satiana Road, Adjacent Fish Farm,  
Faisalabad.  
**Phone:** +92 (41) 8777- 210 & 310

## MALAKAND

### Malakand Campus:

Chakdara Road, Malakand.  
**Phone:** 0314-3019495



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