



Faculty of Social Sciences and Humanities

Women Wellbeing Program offers



Family in the 21st Century

Summer Certificate Course (Batch-2026)

Challenges and Perspectives: Learn to Cope with 4D Family Counseling Skills

Course Outline

Family Theme:

1. Family Life, Perspectives and Dynamics
2. Parenting in 21st Century Pakistan
3. Developing Islamic Identity in Children
4. Feminist movement, LGBTQ+, their social consequences
5. Global Family Policies (CEDAW, SDGs)
6. Women's Rights and Responsibilities in Islam

Counseling Theme:

1. Introduction to Counseling
2. Empathy and Active Listening
3. Managing Emotions
4. Counseling Youth and Adolescents
5. Integrated Islamic Counseling
6. Advanced Conflict Resolution

Course Highlights

- Registration Last Date: **15th June 2026**
- Duration: **2 Months (Mid June & Mid August 2026)**
- Commencement of Classes: **17th June 2026**
- Days: **Wednesday & Thursday**
- Time: **11:00 am - 1:00 pm**
- Mode: **100% Online (Take class on your Phone)**
- Eligibility: **16 years of education from HEC recognized university**
- Who Can Apply: **Special opportunity for Riphah Family & anyone who has elderly at home. Adults, Male & Females both.**

Fee Structure

Rs. 2000/-
Registration
Rs. 5000/-
40% Special
Discount for
the Riphah Family

Happy
Family,
a safe
family



Apply Now

<https://riphah.edu.pk/wwp/>

Whatsapp "F21C" to 03109998458