



RIPHAH
INTERNATIONAL UNIVERSITY



Prospectus

FACULTY OF
SOCIAL SCIENCES & HUMANITIES

Mission

Establishment of State-of-the-Art
Educational Institutions with a Focus on
Inculcating Islamic Ethical Values

Welcome to Riphah International University

Riphah International University is a private sector university, chartered by the Federal Government of Pakistan in 2002. The University was established with a view of producing professionals with Islamic moral and ethical values. It is sponsored by a not-for-profit trust, namely Islamic International Medical College Trust (IIMCT), which was established in 1995. The first project of the IIMCT was the Islamic International Medical College, Rawalpindi, established in 1996 by its Founding Managing Trustee (Late) Maj. Gen. (R) Muhammad Zulfiqar Ali Khan, TI(M), TBt.



Dr. Atiquzzafar Khan

Dean

Faculty of Social Sciences & Humanities

Dean's Message

Welcome to the Faculty of Social Sciences and Humanities (FSS&H) the most diverse faculty of Riphah International University, Islamabad with its valuable departments; English, Urdu, Psychology, Media Sciences, Public Policy, Education, Islamic Studies and Sociology at Islamabad/Rawalpindi, Lahore, Faisalabad, and Malakand KPK campuses. We offer a wide range of Degree Programs focusing on the study of Humans, society, its culture, languages, and human behavior. Our emphasis is to produce graduates who can actively engage in presenting dynamic and strategic solutions of problems faced by society through their researches and innovative works with a focus on the inculcation of Islamic Ethical Values.



Dr. Muhammad Shaban

HoD/Associate Professor
Department of English Linguistics &
Literature (DELL)

HOD's Message

Let me welcome you to the Department of English Linguistics and Literature (DELL). I am delighted that you have chosen DELL. Here, you have the opportunity to learn and to grow inside and outside of the classroom. During your time at DELL, you will be challenged academically, socially, personally, and spiritually. It is up to you now to rise to meet the challenges and to make the most out of your university years. The programs and courses offered by DELL are carefully designed with a focus on Riphah values. The Department wants you to be successful in the ever-growing and challenging world. Each course aims at skills required in the job market. The DELL faculty members are trained to tap up your critical thinking and hone your entrepreneurial skills. Although you are in safe hands, you must be focused, creative and innovative, and proactive in all academic activities to attain the glory. Let me wish you a very happy learning stay at the Department of English Linguistics and Literature.



Dr. Rabia Hanif

HoD/Assistant Professor
Department of Applied Psychology

Dear Prospective Students,

Welcome to the Department of Applied Psychology at Riphah International University. The Department of Applied Psychology is the best choice for those seeking education in the discipline of psychology to prepare for a bright career.

Department of Psychology was established in 2016. Currently it is offering undergraduate (BS) and post-graduate programs i.e., Advance Diploma in Clinical Psychology (ADCP), MS in Clinical Psychology (MSCP). PhD in Psychology is expected to launch in Spring 2023, as our much awaited initiative. Department of Psychology impart not only contemporary knowledge of the subject, but also train students in general skills of research and critical thinking. A special attention is being given to their practical skills along with written and oral communication which ultimately helps them to develop their clinical acumen.

Our emphasis is on professional training that facilitates students in the applied areas of the subject; therefore, graduate and undergraduate programs are conducted in collaboration with psychiatric units at teaching hospitals and other educational and business organizations in both the public and private sectors. What makes us distinctive is our adherence to the Islamic values that we incorporate not only in our scheme of studies, but in actual practices and research. We believe that excellence should be achieved in both this world and the hereafter.

Our pedagogy reflect both contemporary, as well as traditional didactic practices. We strive to ensure that students receive a well-rounded and informed perspective on the subject of Psychology. Another, key feature of our program is to provide each student with a mentor who serves as a counselor and guides the student throughout her academic program. The mentor is a member of academic staff who is approachable, with an empathetic vigor to help the students discover solutions for any problem that the student might encounter on campus.

I hope for the prospective students to have an exciting and enriching academic experience at the Department of Applied Psychology, Riphah International University.

Department of Applied Psychology

Introduction

Applied Psychology is the use of Psychological methods and findings of scientific Psychology to solve practical problems of human and animal behavior and experience. Mental health, organizational Psychology, business management, education, health, product design, ergonomics, and law are just a few of the areas that have been influenced by the application of Psychological principles and findings. Some of the areas of Applied Psychology include Clinical Psychology, Counseling Psychology, Evolutionary Psychology, Industrial and Organizational Psychology, Legal Psychology, Neuropsychology, Occupational Health Psychology, Human Factors, Forensic Psychology, Engineering Psychology, School Psychology, Sports Psychology, Traffic Psychology, Community Psychology, Medical Psychology. In addition, a number of specialized areas in the general field of psychology have applied branches (e.g., Applied Social Psychology, Applied Cognitive Psychology).

However, the lines between sub-branch specializations and major applied psychology categories are often

blurred. For example, a human factors psychologist might use a cognitive psychology theory. This could be described as human factor Psychology or as applied cognitive psychology.

At Riphah International University, MSc Applied Psychology is specifically designed Program that deals with the major fields of Psychology with Special focus on Clinical Psychology.



BS Applied Psychology

Introduction:

Riphah International University has made another contribution by enabling students to pursue studies in Applied Psychology by launching 4-years BS Psychology Program. The knowledge of psychological principles and scientific methods for evaluating theories and research in the Social Sciences is needed in our rapidly changing society.

The basic goal of the BS Program is to integrate the scientific foundation of Psychology with the strong background of Humanities along with basic science to better prepare students for the advanced training in Psychology, Clinical, Developmental, Medicine, Cognitive Science, Neuroscience, and other related disciplines.

Objectives:

This program aims to teach theoretical concepts of this emerging field of Psychology while providing an exposure to its real-world application using relevant trainings and equipped laboratory. Other significant objectives include:

- To ensure that the students are aware of the nature, origin, history and scope of Psychology as

a modern discipline and its relationship with other sciences.

- To make students aware of the different perspectives – functional systems and theories – used in Psychology in order to study, understand.
- To Create awareness of the Experimental underpinning of the study of Psychology and develop a scientific approach to the subject.
- To Impart Knowledge about the cognitive, behavioral and personality functioning of the individual: developmentally, interpersonally and socially.
- To promote awareness of the moral and ethical implications of psychological theories, procedures and practices.

Eligibility Criteria:

Candidate must have 45% marks in aggregate in intermediate (12 years of formal education)

Available Seats: 120 seats per semester

Duration: 4 Years Program

Admission Criteria: Interview

Class Timings: 8:00 am to 4:00 pm (Monday to Friday)

Scheme of Studies

Semester I

Code	Title of Course	Cr. Hrs
ENG-1101	English-I	3
UR-150	Islamic Studies/Ethics (Life & Living)	2
COMP-1102	Introduction to computers	3
APsy-1103	Introduction to Psychology	3
APsy-1104	History and Perspective in Psychology	3
MASS-1105	Mass Communication	3
	Total Credit Hours	17

Semester III

Code	Title of Course	Cr. Hrs
ENG-2101	Communication Skills	3
SCOW-2202	Social Work	3
APsy-2103	Biological basis of behavior	3
APsy-2104	Developmental Psychology	3
Phil-2105	Introduction to Philosophy	3
UR-350	Basic teachings of the Quran (Revealed Sciences I)	2
	Total Credit Hours	17

Semester II

Code	Title of Course	Cr. Hrs
ENG-1201	English-II	3
UR-250	Pakistan Studies (Life & Living)	2
MATH-1202	Mathematics	3
BIO-1203	Biology	3
APsy-1204	Practicals & Experiments in Psychology	3
LAW-1205	Introduction to Law	3
	Total Credit Hours	17

Semester IV

Code	Title of Course	Cr. Hrs
LANG-2201	Language: French/Chinese/Arabic	3
UR-450	Introduction to Hadith & Sirah (Revealed Sciences II)	2
APsy-2203	Cross cultural Psychology	3
APsy-2202	Personality Theories	3
SCO-2204	Sociology	3
ECO-2205	Economics	3
	Total Credit Hours	17

Semester V

Code	Title of Course	Cr. Hrs
APsy-3101	Psychopathology	3
UR-557	Professional ethics in Psychology (Life & Living)	2
APsy-3102	Psychological Assessment (Theory)	3
APsy-3103	Psychological Assessment (Practical)	2
APsy-3104	Research Methods I	3
APsy-3105	Statistics in Psychology	3
Total Credit Hours		16

Semester VI

Code	Title of Course	Cr. Hrs
APsy-3201	Gender Issues in Psychology	2
APsy-3202	Health Psychology	3
APsy-3203	Research Methods-II	3
APsy-3204	Group Research	3
APsy-3205	Statistical Analysis	1
APsy-3206	Social Psychology	3
Total Credit Hours		16

Semester VII

Code	Title of Course	Cr. Hrs
APsy-4101	Cognitive Psychology	3
APsy-4102	Positive Psychology	3
APsy-4103	Clinical Internship	3
APsy-4104	Research Thesis	6
APsy-4105	Elective I	3
APsy-4106	Educational Psychology	2
Total Credit Hours		15

Semester VIII

Code	Title of Course	Cr. Hrs
APsy-4201	Crisis Interventions	3
APsy-4202	Islamic Psychology	3
APsy-4104	Research Thesis	6
APsy-4203	Elective II	3
Total Credit Hours		15

Total Credit Hours: 130: *carried over from Semester 7 and therefore will be deducted from total Credit Hours

List of Elective Courses:

1. Clinical Psychology
2. Counselling Psychology
3. Organizational Psychology
4. Forensic Psychology
5. Human Resources Management



Advance Diploma in Clinical Psychology (ADCP)

Introduction:

This program is the flagship of the department. It is a 1.5 year full time program. It aims to train clinical psychologists to acquire professional skills like assessment, management by using different therapeutic interventions and clinical research. The trainees are required to develop these skills in working with special educational settings to deal with the behavioral and emotional difficulties of children, adults and old psychiatric Patients.

Objectives:

- To impart knowledge, skills and training in Clinical psychology.
- To provide trained and Clinical Psychologist.
- To enhance the scope for the young Clinical Psychologists
- To appreciate the upcoming research contributions.

Scope:

- Government and Private Sector Jobs in health, Education and Special Education Department..
- Working in Private Clinics as a Clinical Psychologist.
- Placements in NGOs.
- Counseling Psychologists in Educational Institutions and private sectors.
- Teaching of Behavioral Sciences.
- Government and Private Hospitals and Medical Colleges.
- Department of Psychiatry in the Government and Private Hospitals.
- Children Hospitals, to work as a Child Psychologists.
- Placements in Police, Prisons, rescue 1122, Atomic Energy Commission, forensic Department and other forces

Eligibility Criteria

Candidate must have CGPA of 2.50/4.00 or 50% aggregate marks in BS (Hons) or MSc.

Selection Criteria: Admission Test & Interview

Available Seats: 30 seats per semester

Duration: 1.5 Year Program

Class Timings: 8:00 am to 5:00 pm (Friday & Saturday)

Scheme of Studies

Semester I

Code	Title of Course	Cr. Hrs
Psy-5101	Psychopathology	3(2-0)
Psy-5102	Therapeutic Intervention	3(3-0)
Psy-5103	Clinical Assessment (Theory Practical-Demonstration & Report)	3(2-1)
	Demonstration & Report writing	
	Total Credit Hours	9

Semester II

Code	Title of Course	Cr. Hrs
UR-711	Professional Practice	2(2-0)
Psy-5201	Neuropsychology	2(2-0)
Psy-5202	Psychopharmacology	2(2-0)
Psy-5203	Clinical Placement I	3(3-0)
	Total Credit Hours	9

Semester III

Code	Title of Course	Cr. Hrs
Psy-6104	Clinical Placement II	3(3-0)
Psy-6107	Case Conference & Professional Development-11	Non-Credited
	Total Credit Hours	3

Grand Total Credit Hours of ADCP = 21

Prepared by Team of Professionals at Riphah Institute of Clinical and Professional Psychology, Riphah International University, Lahore Campus, Lahore. Dec 24, 2020.

MS Clinical Psychology

Introduction:

MS in Clinical Psychology is two year program. This program enables graduates to apply the concepts of Clinical psychology to both practical and Research Work. The program primarily focuses on providing extensive training to graduates in Psychological Assessment, Therapeutic Intervention, and Research.

Scope regarding market, social and employment perspective of the Program:

- The degree holders will contribute valuable research in Clinical Psychology.
- The MS Clinical Psychology degree will provide competent faculty to the National and International academic community.
- The MS Clinical Psychology degree will enable graduates to serve the community with better skills.
- The MS in Clinical Psychology degree will create new opportunities of employment for the degree holders.

Objectives:

- To produce ethical professionals who can provide innovative research in psychology applications and practice.
- To provide talent and trained Clinical psychologists over the country.
- To enhance the scope for the young Clinical

Psychologists.

- To appreciate the upcoming research contributions
- To acquaint the students with the new knowledge, skills and training in Clinical Psychology.

Eligibility Criteria:

1st Division/CGPA= 2.5 in MA/M.Sc/BS (4 years) in Psychology/Applied Psychology/Clinical Psychology or in the relevant subject from a recognized University (at least 16 years of education). The candidate have to pass an "Entry Test" & " Interview".

Duration: 2 Years (4 Semesters & 36 Credit Hours)

Admission Procedure: As per university policy

Merit Formula:

- Academic records: 50 %
- Entry Test: 25 %
- Interview: 25 %

Classes: Weekends (8:00 am to 5:00 pm)

Course Work: 36 Credit Hours

Thesis/ Research Project: 12 Credit Hours

Medium of Instruction: English

Teaching Methodology:

Lecture Method, Discussion Method, Textbook reading, interactive teaching, and experiential learning

Assessment Criteria: Sessional (60 %) & End-Term (40)



Scheme of Studies

Semester I

Code	Title of Course	Cr. Hrs
Psy-5101	Psychopathology	3(3-0)
Psy-5102	Therapeutic Intervention	3(3-0)
Psy-5103	Clinical Assessment (Theory, Practical-Demonstration & Report)	3(2-1)
	Total Credit Hours	09

Semester III

Code	Title of Course	Cr. Hrs
Psy-6101	Advanced Research Method Quantitative	2
Psy-6102	Advanced Research Method Quantitative	2
Psy-6103	Advanced Data Analysis I Quantitative	2
Psy-6104	Advanced Data Analysis II Quantitative	2
Psy-6105*	Research Thesis*	6
Psy-6106	Clinical Placement	3
Psy-6107	Case Conference & Professional Development	Non-Credited
	Total Credit Hours	09

Semester II

Code	Title of Course	Cr. Hrs
Psy-5201	Ethics in Practice II	1
Psy-5202	Neuropsychology	2
Psy-5203	Psychopharmacology	2
Psy-5204	Clinical Placement I	3
Psy-5205	Case Conference & Professional Development	Non-Credited
	Total Credit Hours	08

Semester IV

Code	Title of Course	Cr. Hrs
Psy-6201	Crisis Intervention (Trauma/Disaster Management)	1
Psy-6105	Research Thesis	6
	Total Credit Hours	07

Dress Code

BS Applied Psychology: Plain White Shalwar Qameez with shocking pink dupatta & closed black shoes.

Note: Adherence of the dress code is mandatory.



Faculty Department of Applied Psychology

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Humphrey/ Fulbright Alumni, VCU,
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Ms. Asima Munawar

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Ms. Shazia Bibi

Program Coordinator
MBA, Peshawar University

Ms. Wasmiya Javed

Assistant Program Coordinator
MS, HRM, Riphah International
University, Islamabad



ISLAMABAD / RAWALPINDI

Al-Mizan Campus:

Al-Mizan IIMCT Complex,
274-Peshawar Road, Rawalpindi.

UAN: +92 (51) 111-510-510

Phone: +92 (51) 512 5162-7

I-14 Campus:

Sector I-14, Haji Camp, Islamabad.

Phone: +92 (51) 844 6000-7

UAN: +92 (51) -111-747-424

G-7 Campus:

RIU, 7th Avenue, G-7/4, Islamabad.

Phone: +92 (51) 289 1835-8

Fax: +92 (51) 289 0690

Gulberg Green Campus:

Plot No PB-02 Gulberg Expressway,
Gulberg Green (IBECHS), Islamabad

Phone: +92 (51) 5912890-5

ETB Campus:

Suite No 7, Ground Floor, Evacuee
Trust Complex, Agha Khan Road,
Sector F-5/1, Islamabad.

Phone: +92 (51) 843 8370-7

Westridge Campus:

Potohar Plaza, main Peshawar Road,
Rawalpindi.

Phone: +92 (51) 5166 813-4, 5166 917-8

IIMCT Pakistan Railway Hospital:

Westridge, Rawalpindi.

Phone: +92 (51) 425 9795-8

Fax: +92 (51) 425 9793

Riphah International Hospital:

Main Expressway opposite DHA II,
Sihala, Islamabad.

Phone: +92 (51) 448 6064

Islamic International Dental Hospital:

IIDH, 7th Avenue, G-7/4, Islamabad.

Phone: +92 (51) 289 1835-8

Fax: +92 (51) 289 0690

MaxHealth Hospital:

2-K Markaz Road, G-8 Markaz,
Islamabad

Phone: +92 (51) 8094760-65

LAHORE

Raiwind Campus:

Raiwind Road Campus,
13-Km, Raiwind Road, Lahore.

Phone: +92 (42) 111- 747-424

Quaid-e-Azam Campus

28-M, Quaid-e-Azam, Industrial
Estate, Kot Lakhpat, Lahore.

UAN: +92 (42) -111-747-424

Gulberg Campus:

26-M, Gulberg - III,
Ferozepur Road, Lahore

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FAISALABAD

Faisalabad Campus:

Satiana Road, Adjacent Fish Farm,
Faisalabad.

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MALAKAND

Malakand Campus:

Chakdara Road, Malakand.

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